

# Kooba & H

2017-2018



21 Portland Rd., Gray  
207.657.3006

## CONTENTS

Courses	<i>page 2</i>
Tuition /Registration	<i>page 3</i>
Registration	<i>page 3</i>
Withdrawals	<i>page 3</i>
Level Placement	<i>page 4</i>
Fee Schedule	<i>page 4</i>
Nutcracker and Recital	<i>page 5</i>
Awards	<i>page 5</i>
Care of Students	<i>page 5</i>
Code of Conduct	<i>page 5</i>
Lockers	<i>page 6</i>
Classroom Policies	<i>page 7</i>
Our Facility	<i>page 7</i>
Dress Code	<i>page 7</i>
School Calendar	<i>page 8</i>
Directions	<i>page 8</i>
Contact Us	<i>page 8</i>
Dance Birthday Parties	<i>page 8</i>

## *Educating Dancers for 26 years ~ PHILOSOPHY*

Studio for the Living Arts Dance Complex is dedicated to providing a positive, caring, professional dance environment which encourages the growth of well-trained and confident dancers. We offer an innovative program expanding the standard dance curriculum and our studio is staffed with the highest qualified instructors who are committed to helping students develop life skills, dedication, technique and performance ability. Our entire faculty provides the highest quality of instruction and we continuously strive to raise dance standards by renewing and updating our teaching skills.

Our professional faculty and high energy atmosphere provides complete and personalized dance training to both the recreational dancer as well as the serious student who is looking to train intensively. We believe that dance can enhance the lives of all people and it can be an integral part of the development of every child.

### COURSES

*\* By age 9, many students have taken a few years of training and are ready for more of a challenge. It is recommended that all students ages 9 and up enroll in one ballet class per week. Two ballet classes per week will help students 11 and up reach their goals and prepare them for pointe class.*

**JAZZ** A popular form of dance that combines many styles and techniques from traditional to contemporary. Class work: technique, isolations, flexibility/strengthening exercises, across the floor progressions and dance combinations.

**TAP** classes are designed to develop rhythm, style and sound. The class emphasis is on developing proper tap technique, producing clear tap sounds, and having fun. As students progress through each level, curriculum will become increasingly more complex and intricate.

**BALLET** is essential to building a solid dance education. A classical form of dance which concentrates on barre, centre floor, proper body alignment, and technique. Pointe work is available by teacher permission .

**CREATIVE MOVEMENT** This popular class is designed for our youngest dance enthusiasts who want to express their independence without the assistance of mom or dad. Class combines elements of beginner Ballet, Rhythmic Skills, and Dance Appreciation. Students will improve flexibility, learn the basic positions of classical Ballet, and explore creative movement in a fun, encouraging atmosphere.

**CHILDREN'S COMBINATION CLASSES** One of the oldest and most highly successful programs, children learn the disciplines of ballet or jazz while developing a sense of rhythm and musicality through the basics of tap dance. Students enrolled in combo classes perform one recital dance routine.

**CONTEMPORARY** dance is a style of expressive dance that combines elements of several dance genres, including modern, jazz, lyrical and ballet. Contemporary dancer combines fluid dance movement and technique.

**HIP-HOP** Warm-up, strength, stretches, and isolation segments are followed by combinations and hip-hop choreography. Hip hop is urban, it's street, it's diverse, fun, and forever changing. No technical training needed!

**FUNDAMENTALS OF ACTING WITH BROADWAY JAZZ DANCE** This very popular class is designed to offer introductory techniques to the craft of acting along with learning jazz / theater dance combinations from Broadway Musicals. This class is perfect for dancers and theater students alike. Students will receive a broad education on what to expect at a theater/dance call or audition, how to use their dance education as an asset in their acting training and how to blend acting and dance through learning different theatrical dance styles. The focus is to make the student an all around better performer and more successful artist.

**LYRICAL** Class is designed for dancers looking to grow and challenge themselves with technique, style, and artistry. A song's lyrics are a driving force and key inspiration for the movement for this popular and recognized form of dance. A solid ballet-based technique is an essential component of this style of dance as is various other forms of jazz and contemporary dance.

**ACRO/TUMBLING** Learn how to properly execute acrobatic tricks and develop gymnastic skills including walkovers, flips, handsprings, aerials, and more. Additional focus is also placed on core strengthening exercises and increasing flexibility. Not only does Acro provide flexibility, core strength, and agility, it also gives students a veritable performance edge ! Open Tumble class is also offered once a week to provide students with extra tumbling time to work with the instructor and spotters can help you with any specific goals you may have.

**JAZZ TECHNIQUE CLASS** is a supplemental class designed to help our students further their skills. Class is geared towards helping the highly motivated dancer improve on their dance technique , leaps, turns, and flexibility. Class often includes across the floor progressions, improv, and conditioning segments.

**SUPPLEMENTARY CLASSES** In addition to our weekly core classes we also offer students the opportunity to take additional drop-in classes as supplementary training. Supplementary classes are held throughout the year in a variety of dance styles along with specialty classes such as Stretch Class, Theater, Salsa, Improv and more. Dancers will be exposed to a variety of styles and techniques without being locked into an extended series of classes.

**ZUMBA** Experience the world's largest Latin inspired fitness program. Zumba is an effective way to burn calories without watching the clock. Cost:\$5 per class drop-in payable to the instructor.

**COMPANY CLASSES** Pulse Dance Company is a cutting-edge competition/performing dance company for the experienced, serious student age 6-18. Acceptance by invitation or audition. For more information, or to request an audition, please contact the studio or visit the "Pulse Dance Company" link on our website.

**PRIVATE LESSONS** One-on-one instruction can be schedule with all instructors in all forms of dance, in ½ hr. or full hour sessions. Please contact the office to schedule your session. A private lesson must be cancelled 24 hours in advance; if it is not cancelled within that time frame you are held responsible for making the payment of the dance lesson to the scheduled instructor.

**TUITION** is based on the full school year beginning with classes in September and culminating with recital in June. Our 6 week summer term is offered July-August. Tuition is not prorated for student absences, sickness or scheduled holiday breaks. There is an annual registration fee of \$15 for one student or \$25 for families living in the same household. There are no summer term registration fees. Registration fees are used to offset costs involved in invoicing, newsletters, memos, miscellaneous communications and the maintenance of tuition accounts.

We do not send out monthly billing invoices unless an account is delinquent. The studio accepts checks, cash, Mastercard, Discover, and Visa payments which may be made online, placed in the lobby payment slot, or mailed to our business office address.

**PAYMENT OPTIONS** For your convenience we offer 3 tuition payment options for our September - June school year. Our Summer session fees are due upon registration which opens during the month of June.

**TUITION OPTION 1: MONTHLY INSTALLMENT PAYMENTS**

Annual tuition can be divided into 10 monthly installment payments to make budgeting easier. This makes the monthly payment the same amount every month regardless of missed classes or holidays/school vacations.

Equal installment payments are due at the first lesson of each month beginning with September and ending with June for a total of 10 installments. Payments received after the 20th of the month will be assessed a \$10 late fee. If your child is absent on the first week of class when payment is due, please mail your payment to our business office address in order to avoid late fees.

**TUITION OPTION 2: TWO 5% DISCOUNTED SEMESTER PAYMENTS**

If you choose to make two semester payments, you will receive a 5% discount when the Fall semester payment is paid in full upon registration, and again when the full Spring Semester is paid in full prior to January 01, 2018. Students enrolling after the month of September are not eligible for the semester discount. We are unable to apply discount for payments received after January 1, 2018.

**TUITION OPTION 3: ONE 10% DISCOUNTED ANNUAL PAYMENT**

Tuition is paid in full for the year by September 1, 2017. The registration fee is waived and a 10% tuition discount is applied. Students enrolling after September 1, are not eligible for the annual discount.

**RETURNED CHECK FEES** are \$25.00. For accounts over 60 days past due the student will not be allowed to attend classes until the account is current.

**REGISTRATIONS** Registration begins in July and continues through January. Registration is first-come, first served. Many popular classes fill before September, so we recommend registering early to secure placement in class. For full classes, a waiting list will be maintained to accommodate other students if and when other space becomes available. Registration fee and first monthly installment or discounted payment option must be paid at time of Registration in order to secure placement in class.

**HOW TO REGISTER FOR CLASSES:**

Visit our website at [www.studiofortheivingarts.com](http://www.studiofortheivingarts.com) and click on the "register for classes" link (preferred registration method). You may also register in person at the studio or print a registration from our website and mail it to our business address.

**Entering Registration Information:** When creating a new account, please use a Parent Name for the account. The student name is entered separately. Please enter ALL parent information completely and also enter a student email address if your dancer has their own email account. You may also store a credit or debit card online using our secure and safe site. This convenient option however is not required for creating an account or making tuition payments. Once registered you will have 24-hour access to your dance account. You can view charges and payments, as well as make payments online at any time.

**Selecting Courses:** Choose your desired courses from the course selection list. Once your information has been sent you will receive an email back from us indicating that your course selections are "pending". This gives our faculty a chance to review your requests to be sure the requested class is age and level appropriate for your dancer. For assistance with class placement, please email us at [studiofortheivingarts@yahoo.com](mailto:studiofortheivingarts@yahoo.com)

**Making Payment To Secure Your Space in Class:** Once you receive our email confirmation your Registration Fee and first monthly installment or discounted payment option must be paid in order to secure your placement in the class. Registration is not complete and a spot is not confirmed until payment is received.

Payment may be made online using a credit or debit card or you may also choose to come into the studio and pay at the office using check, cash, or credit/debit card. If you prefer to make your payment by mail, please forward to Studio for the Living Arts Dance Complex, 21 Portland Rd., Suite 2, Gray, ME 04039. If you choose not to pay by credit or debit card online, as a courtesy we will hold your dancer's space in the requested class for 5 days following our email confirmation.

**MONTHLY INSTALLMENT RECURRING AUTOPAY OPTION** This is an automated system where your payment is automatically drafted from your Credit or Debit Card on the 1st of each month for the amount of your monthly installment fee. This will ensure your monthly payments are received on time. You may select this option when you enter your credit card number on your account by checking the box "use for recurring billing". You may also uncheck the box at anytime to stop the recurring billing.

**WITHDRAWAL POLICY/REFUNDS** If a student wishes to drop a class, please forward prompt written notification to our office and tuition payments will cease at the end of the current month. Discounted Semester or Annual tuition payments are non-refundable as we have reserved the student's place in class for the full term. Credit refunds only. Full or partial refunds are granted for medical conditions, with a physician's note. Absence from class is non-refundable. If a student is absent from class due to sickness or inclement weather, they may attend a makeup the class of the same format. Tuition, registration fees, costume payments, and recital tickets, are non-refundable and non-transferable.

**LOW-ENROLLMENT OR FULL CLASSES:** A minimum of 5 students is needed to keep a class open. If a class has low enrollment it may be combined with another class or rescheduled on a different day/time and we would notify you immediately. If a class is full we will notify you with some recommended alternate classes for your dancer.

**FEE SCHEDULE 2017-18**

Hours of classes per week per student	Payment Option 1 10 Equal Budgeted mthly installments	Payment Option 2 Annual Tuition divided into two 5% discounted semester payments	Payment Option 3 Annual Tuition paid in full with 10% discount, registration fee waived
30min.	\$44	\$209.00 Sept. \$209.00 Jan. Total:\$418	\$396.00
45min - 1hr	\$54	\$256.50 Sept. \$256.50 Jan. Total:\$513.00	\$486.00
1.25 - 2hrs.	\$80	\$380.00 Sept. \$380.00 Jan. Total:\$760	\$720.00
2.25- 3hrs.	\$120	\$570.00 Sept. \$570.00 Jan Total:\$1140.00	\$1080.00
3.25 - 4hrs.	\$139	\$660.25 Sept. \$660.25 Jan. Total:\$1320.50	\$1251.00
4.25 - 5hrs.	\$165	\$783.75 Sept. \$783.75 Jan Total:\$1567.50	\$1485.00
5.25 - 6hrs.	\$183	\$869.25 Sept. \$869.25 Jan. Total: \$1738.50	\$1647.00
6.25- 7hrs.	\$203	\$964.25 Sept. \$964.25 Jan. Total:\$1928.50	\$1827.00
7.25- 9hrs.	\$225	\$1068.75 Sept. \$1068.75 Jan. Total: \$2137.50	\$2025.00
10 hours + Unlimited Intensive Training Program	\$249	\$1182.75 Sept. \$1182.75 Jan. Total: \$2365.50	\$2241.00
Unlimited Family	\$355	\$1686.25 Sept. \$1686.25 Jan. Total:\$3372.50	\$3195.00
Private Lessons	\$30 HALF HR \$60 PER HR		

**SINGLE CLASS DROP IN RATE FOR SUPPLEMENTARY CLASSES ONLY: \$16**

**TUITION DISCOUNTS** Families: Deduct 10% for each additional student. This does not apply to the Family Unlimited rate. Unlimited Individual/Family rates do not include private class fees, Zumba classes, or special workshops or master classes.

**COLLEGE STUDENT AND ALUMNI DISCOUNTS** Dancers who were students at Studio for the Living Arts Dance Complex when they graduated high school or college are eligible for class discounts of 30% tuition. Current College Students: College students are eligible for a 15% discount on classes. Please email us your current student ID to receive discount.

**LEVEL PLACEMENT** At SLA Dance Complex all classes are planned thoroughly; to be taught with proper terminology, conditioning stretches for flexibility, body awareness for appropriate ages and levels, and creatively challenged in a positive and caring dance environment. We place all children in classes according to skill, ability and improvement, rather than age. Please note: Age reference is merely for “new” student enrollment until instructor has properly observed student’s ability.

**Returning Students** Our goal is to keep each class progressing together at a similar pace while paying attention to the slight mixed level that will naturally arise and change throughout the year. If it is determined by the teacher that a student has not been enrolled in the proper class the studio will contact the parent/guardian immediately. We try to make all placement changes as quickly as possible.

**New Students:** For dancers who come to us with experience at other studios or who have been absent from us for some time, we need to ask a few questions to familiarize ourselves with your skill level and capabilities. Once the initial placement is determined, the first class is then used as a trial. After the first class the teacher will make an assessment and advise if proper placement has been achieved or if a switch to another class is a better fit. We are committed to finding the absolute best class for each student so that we can ensure proper training and a safe and enjoyable learning environment.

**CLASS LEVEL GUIDES:**

**Level 1 Beginner :** Basic fundamentals are introduced, including body alignment, vocabulary, and basic positions of the feet & arms.

**Levels 2-3 Advanced Beginner/intermediate:** Each level is structured to provide more advanced training as the student is ready.

**Levels 4-5 Intermediate Advanced/Advanced:** These inter. advanced and advanced levels are the culmination of study and hard work. Students should possess 5+ years of recent and consistent training.

**EXTREME WEATHER/CANCELLATIONS**

The full term schedule has 3 additional days built in to allow for cancellations due to extreme weather or events beyond our control such as power outages. Students may make up the missed lesson any time during the semester by attending an additional class of their own level or the level below. Special Make-up classes are scheduled if a class has been cancelled three times.

In the event of a storm you can contact the studio at 657-3006. A recorded message will tell you if classes have been cancelled. We also post on WGME, WCSH, WMTW

- \* Decisions on closing the school are not made until after 1:00 pm.
- \* SLADC does not necessarily cancel classes when the local school districts do.
- \* Please use your own judgment when deciding to drive in inclement weather.

**NUTCRACKER HOLIDAY PERFORMANCE** Each year Studio for the Living Arts performs a full production of the Christmas classic, The Nutcracker Ballet. Our Ballet students will bring the magical tale of the Nutcracker to life on Saturday, December 2, 2017 at the Westbrook Performing Arts Center. Ballet students in all levels 1-5 will be performing. (Our youngest Tap/Ballet Combo classes do not participate). Two Performances will be held on the same day at 1pm and 6pm. Each performance is approximately 1.5 hrs. in length with one intermission. Nutcracker Holiday Performance Ticket costs are \$22 reserved seating. Families who wish to attend both performances will be offered a discounted ticket rate.

**NUTCRACKER REHEARSALS** For our ballet students in Levels 1, 2, and 3 their Nutcracker roles are taught at the end of each weekly ballet class during the first semester in a short choreography segment. There are no rehearsals held outside of regular class time. (There may be one or two Saturday rehearsals at our studio with the full cast when we get closer to the show). The Nutcracker rehearsal schedule and other Nutcracker details may be found on our website in the Fall.

**NUTCRACKER COSTUMES:** There are no costume purchase fees as all costumes are owned by Studio for the Living Arts and they are loaned to the cast members. Tights and leotard or leggings (if applicable) to be worn under costumes, are the responsibility of the student to purchase. Please note that all tights are purchased at SLA Dance Complex to ensure they are the same brand/color. Tights cost: \$12 children/\$18 pink back seam levels 3+.

**NUTCRACKER REHEARSAL FEES** There is a \$45 Production Rehearsal fee that offsets costs for the cast members who will be attending the 6-8 Saturday classes of rehearsals to learn the choreography for their role(s). There is no Production Rehearsal fee for the Level 1,2, and 3 dancers who learn their roles in weekly classes . We strive to keep costs as low as possible.

**NUTCRACKER AUDITIONS:** Open Nutcracker Auditions are held at our SLA Dance Complex: Saturday September 23, 2017 at 10am. Dancers from any studio are welcome to audition and participate in our Nutcracker performance .

Level 1 and Level 2 do not need to attend Nutcracker auditions.

Level 3 students who wish to be considered for casting in extra specialty roles in addition to the role they will be learning in their weekly ballet class must audition.

Levels 4+5 ballet students attend auditions if they wish to participate in the performance.

**JUNE RECITAL** We believe performing is an integral part of a student's dance education and our annual recitals give students an exciting opportunity to perform in a professional theatre. We present 2 shows on the same day, and students will appear in one show or the other. If students are in multiple classes they may appear in both shows. We try to place a variety of different numbers and levels in each performance so we can exhibit a variety of genres in order to keep the shows as entertaining as possible. We also take into consideration costumes changes and line up requirements. We are not always able to accommodate putting all of a student's or sibling's classes in the same show. Students wishing to see the performance from the audience must also purchase a ticket.

*Performers are asked to make a commitment to class attendance. Instructors reserve the right to omit a student from all/or parts of a recital performance if they have consistently missed classes. A zero account balance is required prior to purchasing recital tickets and participating in performances.*

**RECITAL COSTUMES** Costume fees are due no later than January 8, 2018. Students require a costume for each class that they are enrolled in. Costume fees for our annual June recital are \$65-\$70 per dancer, per class.

All accessories such as headpieces or gloves are included in the cost. If a costume needs tights, a new pair will be required for each costume for each new dance season. Recital Tights fees are \$12. The studio orders all tights to ensure they are the same shade. (Students enrolled in a "combo" class perform only one number in the recital and have only one costume). You may submit payments towards your Costume Fee at any time prior to January 8, 2018. We are unable to order costumes without payment as the manufacturer requires payment in full.

\*Costumes not paid for by January 8th will receive a \$10 late/separate ship fee per costume. \*Costumes not paid for by January 21, 2018 will not be ordered. Costumes are non-exchangeable and payment is non-refundable once ordered. Costume companies offer sizes in small, medium, large and XL. Although rare, if alterations are needed, they will be the responsibility of the student's parent. If you do not have a seamstress we can make a recommendation for you.

**RECITAL AWARDS** Dance award trophies (5, 10, 15 year etc.) are presented to dancers on stage at the recital in June. All award recipients will have their names listed in our June recital program.

#### **CARE OF STUDENTS/ SAFETY**

We are responsible for our students during the time of their class with us. SLADC is not staffed to provide before and after childcare. We are concerned about the safety of every individual that we deal with and we want everyone to maintain awareness of how to be safe when coming to and from classes. The safest situation is to park your vehicle and walk with your child into our lobby. We also suggest that you come into the lobby to pick up your child after class. Please make every effort to pick students up from the studio on time. We cannot assume responsibility for young students after class is dismissed as we do not have adequate staffing to supervise their activities. Students should remain inside the building while waiting for their parents to pick them up after class.

**CODE OF CONDUCT** Our most important rule: RESPECT. Proper respect of the director, faculty , office staff, curriculum, and fellow students is expected of all students, parents and siblings. Every student should behave in a disciplined, responsible manner both at the studio and at offsite performances. The studio reserves the right to suspend or dismiss any student whose attitude, attendance or conduct is found to be unsatisfactory.

**SOCIAL MEDIA POLICY** We have a ZERO TOLERANCE for cyber bullying or slander against Studio for the Living Arts on public forums. Inappropriate/slandorous remarks towards dancers or faculty can result in dismissal from the studio. Keep the studio a gossip and drama free zone. Positive energy only!

## CLASSROOM ETIQUETTE AND POLICIES

- \*Students may bring water in closed container into class. No juices, sodas, etc.
- \*Observers are not permitted into the classrooms unless invited by an instructor.
- \* Cell Phones are not permitted in the dance rooms.
- \*Gum chewing is not allowed in class.
- \*All students must be in proper dance attire & footwear .
- \*Hair must be secured back off the face.
- \*Students should not touch mirrors or hang on barres .
- \*Absolutely no running in the classroom.
- \*Students/siblings are not allowed in classrooms without instructor.
- \*Street shoes are not allowed on the dance floors.
- \*Disruptive behavior will not be tolerated. Teachers reserve the right to drop or remove any student(s) from class if the policies are not followed or abided by.

**OUR FACILITY** The fun and professional experience of attending Studio for the Living Arts Dance Complex begins with our state-of-the-art 6000 sq. foot facility which provides optimum conditions for dance training :

- 3 studios with suspended wood floors and Marley floor coverings
- Mirrors and Full Practice Barres
- Professional Sound Systems
- Dancewear sales featuring dancewear, tights, and all dance shoes
- Spacious Student Lounge / Free Wifi
- Central Air-Conditioning
- 3 Restrooms
- Changing Room
- Student Lockers

## STUDENT LOUNGE AND WAITING AREAS

Our spacious lounge and waiting area is for your convenience. Please keep the waiting room lobby areas as quiet and clean as possible. Free WiFi connection allows our older students to work on homework between classes and keeps parents connected while they are in our studio.

## LOCKER RENTALS

The studio provides a limited number of locker rentals for students to store their dance attire/shoes to alleviate bringing them back and forth to classes each week. Locker rental forms are available online on our website. Locker rentals will be on a first come first serve basis. Payment in full is required for locker reservation.

### 12 Locker Month Agreement

\$85 (\$7 month) from September –September. Fees are not refundable. Sticker application is not allowed anywhere on lockers ( inside or outside surfaces). Each dancer is responsible for keeping his or her locker clean. Please do not keep perishable food items in your locker. Locker Agreements maybe downloaded from our website.

**DRESS CODE** The studio carries leotards, dance shorts/skirts, shoes, tights and all SLADC logo wear. Proper dance attire must be worn at all classes for the purpose of seeing bodylines and proper placement . Every dance discipline is assigned required dance shoes which we recommend be purchased from the studio and worn during classes, rehearsals and performances. ( Pointe shoes are fitted and purchased at Petite Jete' Dance Boutique in Brunswick).

CLASS	ATTIRE	FOOTWEAR
Creative Movement (girls)	Any color leotard (with or without attached skirt) and tights color of your choice. Dance shorts and skirts optional.	Pink Leather Full Sole Ballet Slippers
Creative Movement (boys)	T-shirt with sweatpants or shorts	Black Leather Full Sole Ballet Slippers
Shake Rattle N' Roll (girls/boys)	Any dancewear or non-restrictive clothing	Bare feet or soft dance shoes
Ballet Level I	Pink solid leotard, pink tights	Pink Leather Split Sole Ballet Slippers
Ballet Levels II (females)	Black solid leotard, pink tights	Pink Leather Split Sole Ballet Slippers
Ballet Level III-IV (females)	Black solid leotard, pink tights	Pink Split Sole Ballet Slippers Canvas or Leather
Ballet Level V (females)	Solid color leotard (color of your choice), pink tights	Pink Split Sole Canvas Ballet Slippers
Ballet Levels I-V (males)	Black shorts or pants(not baggy), white T-shirt	Black Split Sole Ballet Slippers
Tap (females)	Dancewear (leotard/camisole with dance shorts, leggings , dance skirts etc.)	Black Buckle Tap (age4-7) Black Tap Oxford (ages 8+)
Jazz (females)	Dancewear (leotard/camisole with dance shorts, leggings, dance skirts etc.)	Tan Split Sole Jazz Shoes
Jazz /Tap (males)	Black Shorts or pants(not baggy), White T-shirt	Black Tap and Tan Jazz Shoes
Musical Theater "Triple Threat"	Any form fitting non-restrictive dancewear	Tan Jazz Shoes
Lyrical Contemporary (females)	Dancewear (leotard/camisole with dance shorts,leggings, dance skirts etc.)	Bloch Eclipse Tan lyrical "half shoes " for Levels 1+2. Barefeet Levels 3-5
Lyrical Contemporary (males)	Black Shorts or pants(not baggy), White T-shirt	Bare feet
Acro/Tumbling	Leotard or form fitting T-Shirt, shorts, bare legs, T-shirt and shorts (boys)	Bare feet
Hip-Hop (females/males)	non-restrictive clothing (sweatpants/tee's etc.) no jeans	Any Flat Sole Sneakers
Jazz Technique	Dancewear	Bare feet
PULSE DANCE COMPANY MEMBERS REHEARSALS AND TRAINING CLASSES	All black dance attire , hair pulled back into a tight bun. Classes	

## 2017-18 SCHOOL CALENDAR

September 18, 2017	Classes Begin for the new dance season 2017-18
September 23, 2017	Nutcracker Auditions 10am
October 9, 2017	Columbus Day Holiday ~ No classes are held.
October 31, 2017	Only classes starting prior to 5pm start time are held.
November 10, 2017	Veteran's Day ~ Open : All classes held
November 13-18, 2017	Observance Days Family/Friends
November 22 - 25, 2017	No classes, Thanksgiving Break
December 1, 2017	"Nutcracker" Dress Rehearsal @Westbrook PAC, 5pm
December 2, 2017	"Nutcracker" Performance @Westbrook PAC 2 shows
Dec. 22 – Jan. 3, 2018	No classes: Holiday Break
January 1, 2018	Second Semester Payments are due
January 8, 2018	Recital Costume Fees Due no later than 1/8
January 15, 2018	Martin Luther King Day~ Open : ALL CLASSES HELD
February 12-17, 2018	Spirit Week at the Studio
February 19-24, 2018	No classes, School Vacation
April 16 -21, 2018	No classes, School Vacation
May 5-11, 2018	Observance Days Family/Friends
May 12, 2018	Picture Day at the studio/tentative
May 25-28, 2018	No classes: Memorial Day Holiday Break
June 14, 2018	Last day of classes
June 15, 2018	Dress Rehearsal times tbd
June 16, 2018	26th Annual Recital
June 16, 2018	Afterparty Reception following the afternoon show

## NEWSLETTERS/SOCIAL MEDIA

Newsletters are sent via email only. To protect your privacy, we do not send bulk emails which display your personal email address, nor do we share your email address with other students. Newsletters are also posted in the lobby and on our website. Please update us if you change to your email. Communication is the key! We also update our Facebook page regularly. If you have not done so already, friend owner/Director "Susan Cloutier".

Studio For The Living Arts also has an Instagram account. Follow @sflandancecomplex to keep up to date with what is happening at the studio.

**CONTACT US:** (207)657-3006 Director, Susan Cloutier  
e-mail: studiofortheivingarts@yahoo.com  
Correspondence, payments, and registrations should be mailed to:  
*Studio for the Living Arts Dance Complex 21 Portland Rd., Suite 2, Gray, Me 04039*

## DIRECTIONS

We are located in the Gray Shopping Plaza, 21 Portland Rd., Gray. When using the interstate use Exit 63 of the Maine Turnpike in Gray then turn right to the first set of lights at Gray Corner. Take a right onto Route 100 south. The Gray Shopping Plaza will be on your left.

# Dance Birthday Parties

**Dance Birthday Parties \$150** Our Dance Complex location offers unique Dance Birthday Party Packages. Not sure which theme best suits your child's interests? Contact us at (207) 657-3006 to learn more about our themed birthday parties, or to book your celebration with us today! The basic party fee of \$150 includes studio rental for 2.5 hours and ½ hour prior to party for decorating & food/beverage set-up by parent/guardian.

First hour: studio provides instructor and a 1 hour dance class of your choice. We have many themes to choose from such as Hip-Hop, Musical Theater, or "Once Upon a Princess" Parties. The second hour and a half (planned by parent) is the Birthday Celebration! You may bring in pizza, cake, ice cream, open presents, play games, etc. (We have ample studio space to accommodate large parties). The studio provides post-party cleanup. Please see our "party add ons" listing for making your party individualized and unique.

## "Once Upon a Princess" Dance Birthday Parties \$175

Studio rental for 2.5 hours and ½ hour prior to party for decorating & food/beverage set-up by parent/guardian. First hour: studio provides instructor and a 1 hour dance class of your choice. Also attending with our faculty member will be a member of our all-star cast of princesses to help you celebrate your child's special day in style! "Once Upon a Princess" parties are dedicated exclusively to making your event magical and enchanting as only princesses can make it. Our princess performers are gifted and trained dancers who love children and will bring your child's favorite fairy tale character to life. We have lots of princess characters to choose from: Available Characters include FROZEN'S Elsa, Anna, Tinker Bell, Cinderella, Sleeping Beauty, Rapunzel, Snow White, and Belle. For multiple character appearances at your party please see "add ons".

## Birthday Party "add-ons"

**KARAOKE \$35** Our Karaoke machine makes a great addition to any party. Allow your guests to sing along with their favorite hits. Do it just for fun, or have a singing contest!

**MULTIPLE PRINCESS CHARACTERS \$35** Each "Once Upon a Princess" party includes a visit by one of our character princesses. To add additional characters the cost is \$35 per character.

**CRAFTS** Our instructors can also add simple "dance craft" to fit your theme. Examples would be decorating a wand or crown for younger parties or decorating a dance bag or t-shirt for older students. Just ask us. We have lots of projects that range from \$2-3 per person for supplies.