

Handbook



2020-2021

21 Portland Rd., Gray
207.657.3006

www.studiofortheivingarts.com

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Educating Dancers for 29 years ~

WELCOME Thank you for choosing Studio for the Living Arts Dance Complex for your child's dance lessons! It is our 29th season and we are proud to have built a reputation for excellence in dance instruction and involvement in the community. We trust that your dancer will have a positive experience, building confidence, poise, and self-expression.

Studio for the Living Arts (SLA) Dance Complex is dedicated to providing a positive, caring, professional dance environment which encourages the growth of well-trained and confident dancers. We offer an innovative year-round program expanding the standard dance curriculum and our studio is staffed with the highest qualified instructors who are committed to helping students develop life skills, dedication, technique, and performance ability. Our entire faculty provides the highest quality of instruction and we continuously strive to raise dance standards by renewing and updating our teaching skills.

Our schedule has no shortage of creative and unique dance classes offering the opportunity to experience, experiment, and explore, the many different aspects of dance! We believe that dance can enhance the lives of all people and it can be an integral part of the development of every child. Courses and Programs we offer:

RECITAL PROGRAM:

Our Recital Program runs from September through mid June and culminates with our annual show. Recital classes are offered to students, ages 3-19, in various disciplines including ballet, jazz, tap, lyrical, contemporary, acro and hip hop.

COMPETITIVE PROGRAM "PULSE DANCE COMPANY"

Our Competitive Program offers exceptional instruction with a professional faculty, innovative and current choreography, limitless opportunities, and professional mentorship. "Pulse Dance Company" is a cutting-edge competition and performing dance company for the experienced, serious student age 6-18. "Pulse" is made up of over 100+ dancers from over 20 towns and cities. Our competition dance program is offered at various levels of commitment and the limitations to your training and level of dancing is set by you the dancer. Acceptance by invitation or audition. For more information, or to request an audition, please contact the office.

SUPPLEMENTARY CLASSES:

In addition to our weekly core classes we also offer students the opportunity to take additional drop-in classes as supplementary training. Supplementary classes are held throughout the year in a variety of dance styles. Check our monthly newsletters and Facebook Page for updates!

6 WEEK MINI SESSIONS:

6 week Mini Sessions are offered throughout the season. This is a great way to sample classes without a long commitment or if you have a busy schedule. Check our newsletters for upcoming dates.

PRIVATE LESSONS:

One-on-one instruction can be scheduled with all instructors in all forms of dance, in ½ hr. or full hour sessions. Please contact the office to schedule your session.

ACRO/TUMBLING Our acrobatics recital program combines gymnastics and dance. Learn how to properly execute acrobatic tricks and develop gymnastic skills including walkovers, flips, handsprings, aerials, and more. Additional focus is also placed on core strengthening exercises and increasing flexibility. Not only does Acro provide flexibility, core strength, and agility, it also gives students a veritable performance edge! Our instructor is certified in Acrobatic Arts, a world renowned comprehensive program, providing a safe and fun environment for our students.

ACRO/TUMBLING PRE-SCHOOL 6 WEEK MINI SESSIONS AGES 4-6 This 6 week mini session series of classes is designed to introduce the basic, fundamental tumbling skills while increasing your child's flexibility, balance, strength, muscle control, discipline and concentration. This class will focus on such skills such as headstands, handstands, forward rolls, cartwheels, and bridges at each student's individual level. This is a great way to sample classes without a long commitment or if you have a busy schedule. Each 6 week session tuition is due in full one week prior to the first class.

BALLET is essential to building a solid dance education. A classical form of dance which concentrates on barre, centre floor, proper body alignment, and technique. Pre-pointe and Pointe work is available by teacher permission. By age 9, many students have taken a few years of training and are ready for more of a challenge. It is recommended that all students ages 9 and up enroll in one ballet class per week. Two ballet classes per week will help students age 11 and up reach their goals and prepare them for pointe class.

COMBINATION CLASSES Combination (combo) classes are one of the oldest and most highly successful programs where children are introduced to the basic elements of dance in 2 different genres. Students learn basic steps and rhythms and focus on body placement and correct terminology. Students perform 1 of the genres in the year end recital.

COMPANY CLASSES are rehearsal and training classes for the Pulse Competition Team students. Acceptance by invitation or audition. For more information, or to request an audition, please contact the office.

CONTEMPORARY dance is a style of expressive dance that combines elements of several dance genres, including modern, jazz, lyrical and ballet. Contemporary dancer combines fluid dance movement and technique.

CREATIVE MOVEMENT This popular class is designed for our youngest dance enthusiasts who want to express their independence without the assistance of mom or dad. Class combines elements of beginner Ballet, Rhythmic Skills, and Dance Appreciation. Students will improve flexibility, learn the basic positions of classical Ballet, and explore creative movement in a fun, encouraging atmosphere.

HIP-HOP Our hip-hop is a fast moving, high energy style class that is taught to the latest music of today. Warm-up, stretches, and isolation segments are followed by combinations and hip-hop choreography. Hip-Hop mixes Funk and Street styles that are commonly seen in music videos. No technical training needed!

JAZZ A popular form of dance that combines many styles and techniques from traditional to contemporary. Classes: technique, isolations, flexibility/strengthening exercises, across the floor progressions and dance combinations.

LYRICAL Class is designed for dancers looking to grow and challenge themselves with technique, style, and artistry. A song's lyrics are a driving force and key inspiration for the movement for this popular and recognized form of dance. A solid ballet-based technique is an essential component of this style of dance as is various other forms of jazz and contemporary dance.

CONTEMPORARY/LYRICAL/JAZZ FUSION class will place focus on proper technique, body placement, alignment and control. The choreography segments of class will cover the elements of each style.

MOMMY (AND DADDY!) AND ME 6 WEEK MINI SESSIONS AGES 2-4

This 6 week mini session series of classes is for you AND your child! Our instructor will provide you with guided activities, exercises, and stretches to introduce your toddler to the world of tumbling movement and music! From parachute play to obstacle courses, you and your child will love this 6 week course.

TAP classes are designed to develop rhythm, style and sound. The class emphasis is on developing proper tap technique, producing clear tap sounds, and having fun. As students progress through each level, curriculum will become increasingly more complex and intricate.

REGISTRATIONS Many popular classes fill before September, so we recommend registering early to secure placement in class. Your non-refundable registration fee and first monthly installment or discounted payment option must be paid at the time of Registration in order to secure placement in class.

HOW TO REGISTER FOR CLASSES Visit www.studiofortheivingarts.com and click on the "register for classes" link . You may also register in person at the studio or print a registration from our website and mail it to our business address. Choose your desired courses from the course selection list online. Once your information has been sent you will receive an email back from us indicating that your course selections are "pending". This gives our faculty a chance to review your requests to be sure the requested class is age and level appropriate for your dancer. For assistance with class placement, please email us.

ENTERING REGISTRATION INFORMATION When creating a new account, please use a parent name for the account. The student name is entered separately. Please enter all parent information completely and also enter a student email address if your dancer has their own email account. You may also store a credit or debit card online using our secure and safe site. This convenient option however is not required for creating an account or making tuition payments. Once registered you will have 24-hour access to your dance account. You can view charges and payments, as well as make payments online at any time.

LEVEL PLACEMENT We are committed to finding the absolute best class for each student so that we can ensure proper training and a safe and enjoyable learning environment. All classes are planned thoroughly; to be taught with proper terminology, conditioning stretches for flexibility, body awareness for appropriate ages and levels, and creatively challenged in a positive and caring dance environment. We place our students in classes according to skill, ability and improvement, rather than age. Please note: Age reference is merely for a guide for new student enrollment until our instructor has properly observed student's ability.

Returning Student Placements: Our goal is to keep each class progressing together at a similar pace while paying attention to the slight mixed level that will naturally arise and change throughout the year. If it is determined by the teacher that a student has not been enrolled in the proper class the studio will contact the parent/guardian immediately.

New Student Placements: For dancers who come to us with experience at other studios or who have been absent from us for some time, your first class is used as a trial. After the first class the teacher will make an assessment and advise if proper placement has been achieved or if a switch to another class is a better fit.

CLASS LEVEL GUIDES: Age range provides a general guideline for initial placement.

Level 1 Beginner: Basic fundamentals are introduced, including body alignment, vocabulary, and basic positions of the feet & arms.

Levels 2-3 Advanced Beginner/intermediate: Each level is structured to provide more advanced training as the student is ready.

Level 4 Inter Advanced This inter. advanced level is the culmination of study and hard work. Students should possess 5+ years of recent and consistent training.

Levels 5-6: Advanced classes are designed to challenge the skill level of our most advanced students with 7+years of consistent training.

LOW-ENROLLMENT OR FULL CLASSES: A minimum of 8 students is needed to keep a class open. If a class has low enrollment it may be combined with another class or rescheduled on a different day/time and we would notify you immediately. If a class is full we will notify you with some recommended alternate classes.

MAKING PAYMENT TO SECURE YOUR SPACE IN CLASS: Once you receive our email confirmation, your Registration Fee and first monthly installment or discounted payment option must be paid in order to secure your placement in the class. Registration is not complete, and a spot is not confirmed until payment is received. Payment may be made online using a credit or debit card, or you may also choose to come into the studio and pay at the office using check, cash, or credit/debit card. If you prefer to make your payment by mail, please forward to Studio for the Living Arts Dance Complex, 21 Portland Rd., Suite 2, Gray, ME 04039.

TUITION is based on the full school year beginning with classes in September and culminating with recital in June. Our 6 week summer term is offered July-August . Tuition is not prorated for student absences, sickness or scheduled holiday breaks. There is an annual registration fee of \$15 for one student or \$25 for families living in the same household. There are no summer term registration fees. Registration fees are used to offset costs involved in invoicing, newsletters, memos, miscellaneous communications and the maintenance of tuition accounts.

We do not send out monthly billing invoices unless an account is delinquent. For accounts over 60 days past due the student will not be allowed to attend classes until the account is current. The studio accepts checks, cash, Mastercard, Discover, and Visa payments which may be made online , placed in the lobby payment slot , or mailed to our business office. Returned Check fee is \$25.

PAYMENT OPTIONS For your convenience we offer 3 tuition payment options for our September - June school year Recital Program. Our full 6 week Summer Session fees are due upon registration which opens during the month of May.

TUITION OPTION 1: MONTHLY INSTALLMENT PAYMENTS

Annual tuition can be divided into 10 monthly installment payments to make budgeting easier. This makes the monthly payment the same amount every month regardless of missed classes or holidays/school vacations.

Equal installment payments are due at the first lesson of each month beginning with September and ending with June for a total of 10 installments. Payments received after the 20th of the month will be assessed a \$15 late fee. If your child is absent on the first week of class when payment is due, please mail your payment to our business office address in order to avoid late fees.

TUITION OPTION 2: TWO 5% DISCOUNTED SEMESTER PAYMENTS

If you choose to make two semester payments, you will receive a 5% discount when the Fall semester payment is paid in full upon registration, and again when the full Spring Semester is paid in full prior to January 09, 2021. Students enrolling after the month of September are not eligible for the semester discount. We are unable to apply discount for payments received after January 9, 2021.

TUITION OPTION 3: ONE 10% DISCOUNTED EARLY ANNUAL PAYMENT

When tuition is paid in full for the year by September 1, 2020. The registration fee is waived and a 10% tuition discount is applied. Students enrolling after September 1, are not eligible for the annual discount.

RECURRING AUTOPAY OPTION This is an automated system where your tuition payment is automatically drafted from your Credit or Debit Card on the 1st of each month for the amount of your monthly installment fee. This will ensure that your monthly payments are received on time. Your Recital costume fee (due the first week in January) will also be deducted with your January tuition payment. You may select this option when you enter your credit card number on your account by checking the box "use for recurring billing". You may also uncheck the box at anytime to stop the recurring billing.

FEE SCHEDULE 2020-2021

Hours of classes per week per student	Payment Option 1 10 Equal Budgeted mthly installments	Payment Option 2 Annual Tuition divided into two 5% discounted semester payments	Payment Option 3 Annual Tuition paid in full with 10% discount, reg fee waived
30min.	\$45	\$213.75 Sept. \$213.75 Jan. Total: \$427.50	\$405
45min - 1hr	\$57	\$270.75 Sept. \$270.75 Jan. Total: \$541.50	\$513.00
1.25 - 2hrs.	\$88	\$418.00 Sept. \$418.00 Jan. Total: \$836	\$792.00
2.25- 3hrs.	\$125	\$593.75 Sept. \$593.75 Jan. Total: \$1187.50	\$1125.00
3.25 - 4hrs.	\$152	\$722.00 Sept. \$722.00 Jan. Total: \$1444.00	\$1368.00
4.25 - 5hrs.	\$173	\$821.75 Sept. \$821.75 Jan Total: \$1643.50	\$1557.00
5.25 - 6hrs.	\$188	\$893.00 Sept. \$893.00 Jan. Total: \$1786.00	\$1692.00
6.25- 7hrs.	\$209	\$992.75 Sept. \$992.75 Jan. Total: \$1985.50	\$1881.00
7.25- 9hrs.	\$252	\$1197.00 Sept. \$1197.00 Jan. Total: \$2394.00	\$2268.00
9.25-11hrs.	\$264	\$1254.00 Sept. \$1254.00 Jan. Total: \$2508.00	\$2376.00
Unlimited (11.25hrs. and beyond)	\$285	\$1353.75 Sept. \$1353.75 Jan. Total: \$2707.50	\$2565.00
Unlimited Family	\$385	\$1828.75 Sept. \$1828.75 Jan. Total: \$3657.50	\$3464.00
Private Lessons	\$30 HALF HR \$60 PER HR		
6 Week Mini Sessions	\$75 per session		
Supplemental Drop In Classes	\$22		

TUITION DISCOUNTS Families: Deduct 10% for each additional student. This does not apply to the Family Unlimited rate. Unlimited Individual/Family rates do not include private class fees, supplementary Drop-in classes or special workshops or master classes.

WITHDRAWAL POLICY/REFUNDS If a student wishes to drop a class, please forward prompt written notification to our office and tuition payments will cease at the end of the current month. Discounted Semester or Annual tuition payments are non-refundable as we have reserved the student's place in class for the full term. Credit on account only. Full or partial refunds are granted for medical conditions, with a physician's note. Absence from class is non-refundable. If a student is absent from class due to sickness or inclement weather, they may attend a makeup the class of the same format. Tuition, registration fees, costume payments, and recital tickets, are non-refundable and non-transferable.

EXTREME WEATHER/CANCELLATIONS The full term Recital Program schedule has 3 additional days built in to allow for cancellations due to extreme weather or events beyond our control. Make-up classes are scheduled beyond 3 cancellations. Students may make up the missed lesson at any time during the semester by attending an additional class of their level or the level below. Please let the receptionist know when you are making up a class.

In the event of a storm you can contact the studio at 657-3006. A recorded outgoing message will tell you if classes have been cancelled. We also post on WGME, WCSH, WMTW

- * Decisions on closing the school are not typically made until after 1:00 pm.
- * SLADC does not necessarily cancel classes when the local school districts do.
- * Please use your own judgment when deciding to drive in inclement weather.

NUTCRACKER HOLIDAY PERFORMANCE Each year Studio for the Living Arts has performed a full-length production of the Christmas classic, "The Nutcracker Ballet". Our Ballet students in all levels 1-6 have brought the magical tale of the Nutcracker to life in two performances held annually at the Westbrook Performing Arts Center. In light of COVID-19 we have postponed our Nutcracker plans as we wait to hear more from upcoming CDC Guidelines relating to performances/gatherings. We hope to make an announcement by the end of September.

NUTCRACKER REHEARSALS For our ballet students in Levels 1 and 2, their Nutcracker roles are taught at the end of each weekly ballet class during the first semester in a short choreography segment. There are no weekly rehearsals held outside of regular class time with the exception of two Saturday rehearsals at our studio with the full cast when we get closer to the show. Our full Nutcracker Handbook may be found on our website in the Fall.

NUTCRACKER COSTUMES: There are no costume purchase fees as all Nutcracker costumes are owned by Studio for the Living Arts Dance Complex and they are loaned to the cast members. Tights and leotard or leggings (if applicable) to be worn under costumes, are the responsibility of the student if needed.

NUTCRACKER REHEARSAL FEES There is a \$45 Production Rehearsal fee that offsets costs for the cast members who will be attending the 6 Saturday classes of rehearsals to learn the choreography for their role(s). There is no Production Rehearsal Fee for the Level 1, 2 dancers who learn their roles in weekly classes. We strive to keep costs as low as possible.

JUNE RECITAL We believe performing is an integral part of a student's dance education and our annual recitals give students an exciting opportunity to perform in a professional theatre. We present 2 shows on the same day, and students will appear in one show or the other. If students are in multiple classes they may appear in both shows. We try to place a variety of different numbers and levels in each performance so we can exhibit a variety of genres in order to keep the shows as entertaining as possible. We also take into consideration costumes changes and line up requirements. We are not always able to accommodate putting all of a student's or sibling's classes in the same show. Students wishing to see the performance from the audience must also purchase a ticket. *Recital performers are asked to make a commitment to class attendance. Instructors reserve the right to omit a student from all/or parts of a recital performance if they have consistently missed classes. A zero account balance is required prior to participating in recital.*

RECITAL COSTUMES Costume fees are due no later than January 9, 2021. Students require a costume for each class that they are enrolled in. Costume fees for our annual June recital are \$65 for Creative Movement classes and \$75 per dancer, per class for all other classes. "Combo" classes will perform one recital number.

All accessories such as headpieces or gloves are included in the cost. If a costume needs tights, a new pair will be required for each costume for each new dance season. Recital Tights fees are \$12. The studio orders all tights to ensure they are the same shade. We are unable to order costumes without payment as the manufacturer requires payment in full.

*Costumes not paid for by January 9th, or for students joining the session after January 6th, the account will be charged a \$10 late/separate ship fee per costume.

*Costumes not paid for by January 20, 2021 will not be ordered.

Costumes are non-exchangeable and payment is non-refundable once ordered. Costume companies offer sizes in small, medium, large and XL. Although rare, if alterations are needed, they will be the responsibility of the student's parent.

CARE OF STUDENTS/ SAFETY We are only responsible for our students during the time of their class with us. SLADC is not staffed to provide before and after childcare. We are concerned about the safety of every individual that we deal with and we want everyone to maintain awareness of how to be safe when coming to and from classes. The safest situation is to park your vehicle and walk with your child into our lobby. We also suggest that you come into the lobby to pick up your child after class. Please make every effort to pick students up from the studio on time. We do not assume responsibility for young students after class is dismissed as we do not have adequate staffing to supervise their activities.

CODE OF CONDUCT Our most important rule: RESPECT. Proper respect of the director, faculty, office staff, curriculum, and fellow students is expected of all students, parents and siblings. Every student should behave in a disciplined, responsible manner both at the studio and at offsite performances. The studio reserves the right to suspend or dismiss any student whose attitude, attendance or conduct is found to be unsatisfactory.

CLASSROOM ETIQUETTE AND POLICIES

***Student Lounge Policy:**Our lounge is currently closed per our State mandated COVID-19 Guidelines. Running and playing high volume games are a distraction to the dance classes and will not be tolerated.*

- *Students may bring water in closed container into class. No juices, sodas, etc.
- *Observers are not permitted into the classrooms unless invited by an instructor.
- *Cell Phones are not permitted in the dance rooms.
- *Gum chewing is not allowed in class.
- *All students must be in proper dance attire & footwear .
- *Hair must be secured back off the face.
- *Students should not touch mirrors or hang on barres .
- *Absolutely no running in the classroom and/or student lounge area.
- *Students/siblings are not allowed in classrooms without an instructor.
- *Street shoes are not allowed on the dance floors.
- *Disruptive behavior will not be tolerated. Teachers reserve the right to drop or remove any student(s) from class if the policies are not followed or abided by.

OUR FACILITY The fun and professional experience of attending Studio for the Living Arts Dance Complex begins with our state-of-the-art 6000 sq. foot facility which provides optimum conditions for dance training :

- 3 studios with suspended wood floors and Marley floor coverings
- Mirrors and Full Practice Barres
- Professional Sound Systems
- Dancewear sales featuring dancewear, tights, and all dance shoes
- Spacious Student Lounge / Free Wifi/ Microwave/ Refrigerator
- Central Air-Conditioning
- 3 Restrooms
- Changing Room
- Student Lockers
- HEPA/UVC Air Purifier systems in classrooms

STUDENT LOUNGE AND WAITING AREAS

Our spacious lounge and waiting area is for your convenience. Please keep the waiting room lobby areas as quiet and clean as possible. Free WiFi connection allows our older students to work on homework between classes and keeps parents connected while they are in our studio. Please do not bring any messy snacks into the lounge area (i.e popcorn, chips, etc.). Meals must be eaten at the bar area and not on any carpeted area of the studio space.

LOCKER RENTALS The studio provides a limited number of locker rentals for students to store their dance attire/shoes. Locker rental forms are available online on our website. Payment in full is required for locker reservation. \$85 (\$7 month) from September–September. Fees are not refundable. Sticker application is not allowed anywhere on lockers (inside or outside surfaces). Each dancer is responsible for keeping his or her locker clean. Please do not keep perishable food items in your locker.

DRESS CODE The studio carries leotards, dance shorts/skirts, shoes, tights and all SLADC logo wear. Proper dance attire must be worn at all classes for the purpose of seeing bodylines and proper placement . Every dance discipline is assigned required dance shoes which we recommend be purchased from the studio and worn during classes, rehearsals and performances. (Pointe shoes are fitted and purchased at Petite Jete’ Dance Boutique in Brunswick).

CLASS	ATTIRE	FOOTWEAR
Creative Movement	Any color leotard (with or without attached skirt) and tights color of your choice. Dance shorts/skirts optional. Males: T-shirt with sweatpants or shorts	Pink Leather Full Sole Ballet Slippers Males: Black Leather Full Sole Ballet Slippers
Ballet Level I Ballet 6-Week Mini Session	Ballet Pink solid leotard Ballet pink tights	Pink Leather Full Sole Ballet Slippers
Ballet Levels II	Black solid leotard, Ballet pink tights	Pink Leather Split Sole Ballet Slippers
Ballet Level III-IV	Black solid leotard, Ballet pink tights	Pink Split Sole Ballet Slippers Canvas “ Capezio Hamani” or Leather any brand
Ballet Level V-VI	Solid color leotard (color of your choice), Ballet pink tights	Pink Split Sole Canvas “Capezio Hamani” Ballet Slippers
Ballet Levels I-V (males)	Black shorts or pants(not baggy), white T-shirt	Black Split Sole Ballet Slippers
Tap	Dancewear (leotard/camisole with dance shorts, dance pants, leggings , dance skirts etc.)	Black Buckle Tap for Beginners and Level1 Black Oxford Tap Level 2+
Jazz, Lyrical , Contemporary	Dancewear (leotard/camisole with dance shorts, dance pants, leggings, dance skirts etc.). Males: Black Shorts or pants(not baggy), White T-shirt	bare feet
Acro/Tumbling	Leotard or form fitting camisole, shorts, bare legs.T-shirt/shorts (boys)	Bare feet
Hip-Hop	Non-restrictive clothing (sweatpants/tee’s etc.) no jeans	Any Flat Sole Sneakers not worn in from the street
Pulse Dance Company classes/rehearsals	All solid black dance attire, hair back into a slick bun.	

2020-21 SCHOOL CALENDAR

September 17, 2020	Classes Begin for the new dance season
October 12, 2020	Columbus Day ~ Open: All classes held
October 31, 2020	Halloween Closed ~ No classes held
November 11, 2020	Veteran's Day ~ Open: All classes held
November 16-21, 2020	Observance Days Family/Friends
November 25-28, 2020	Thanksgiving Break ~ Closed: No classes held
Dec. 23-Jan. 3, 2021	Holiday Break~ Closed: No classes held
January 9, 2021	Second Semester Payments are due
January 9, 2021	Recital Costume Fees Due
January 18, 2021	Martin Luther King Day~ Open: All classes held
February 15-20, 2021	School Vacation Break~ Closed: No classes held
March 1-6, 2021	Observance Days Family/Friends
April 19 -24, 2021	School Vacation Break~ Closed: No classes held
May 14-16, 2021	Picture Days at the studio/Pictures only no classes
May 29-31, 2021	No classes: Memorial Day Holiday Break
June 12, 2021	Last day of classes Tentative
June 13, 2021	Recital Date Tentative

NEWSLETTERS/SOCIAL MEDIA Newsletters are sent via email only. To protect your privacy, we do not send bulk emails which display your personal email address, nor do we share your email address with other students. Communication is the key! We also update our Facebook page regularly. If you have not done so already, please friend owner/Director "Susan Cloutier". Studio for the Living Arts also has an Instagram account.

CONTACT US: (207)657-3006 Director, Susan Cloutier
e-mail: studiofortheivingarts@yahoo.com
Correspondence, payments, and registrations should be mailed to:
Studio for the Living Arts Dance Complex 21 Portland Rd., Suite 2, Gray, Me 04039

DIRECTIONS We are located in the Gray Shopping Plaza, 21 Portland Rd., Gray. When using the interstate use Exit 63 of the Maine Turnpike in Gray then turn right to the first set of lights at Gray Corner. Take a right onto Route 100 south. The Gray Shopping Plaza will be on your left.

COVID-19 POLICIES & PROCEDURES

for safe re-opening effective June 22, 2020.

These policies remain in effect until further notice.

Zoom options are available for those who rather stay in the comfort of their home. Please email us.

Below you will find Studio for the Living Arts Dance Complex updated policies and procedures including health and studio sanitation, social distancing and student drop off / pick up, and other COVID-19 guidelines for dancers to follow while attending in-studio or outside classes at Studio for the Living Arts Dance Complex until further notice.

Thank you for your continued patience and understanding through all these new changes. We appreciate everyone's commitment to safety and we can't wait to see you in class.

HEALTH AND STUDIO SAFETY MEASURES DURING COVID-19 RESTRICTIONS:

- Do not come into the studio if you or a family member are not feeling well or have had a cough and / or fever within the past 14 days.

Parents must conduct their own health assessment of their dancer prior to arriving to the studio for classes. This includes taking temperature and discussing all COVID19 symptoms.
- If you or a member of your family suspects exposure to COVID-19 during the present dance session take the following measures:Report possible exposure to studiofortheivingarts@yahoo.com
- All participants and guests must wear a face covering while entering Studio for the Living Arts Dance Complex until further notice. We are unable to keep 6ft Social distancing measures in the studio hallways and lounge areas. Once the student enters the classroom for class, the face covering may be removed if desired.
- **Studio Safety Measures:** We take providing a safe environment for our dancers and safety measures of our studio very seriously. Our efforts to maintain a safe environment include the following:

Studio for the Living Arts Dance Complex is cleaned and sanitized by a professional cleaning staff. Studio floors, barres, and restrooms are disinfected with a commercial/hospital grade disinfectant

Classrooms have Air Purifier systems: Our HEPA air filters reduce up to 99.97% of harmful germs, pollen, other allergens from the air and the UV C light helps kill airborne viruses such as influenza and staph.

>All class sizes have been modified to allow social distancing space for each dancer.

>Non dancers/non-essential people (including parents and siblings) are not permitted into Studio for the Living Arts Dance Complex at this time. Exceptions: Students ages 3-6 may be accompanied into the facility and into the classroom by a parent (or another person assigned by you) for their class. Class volunteer parents are also allowed in the facility during classes.

>The student lounge will be closed at this time to the students and general public.

>No food is to be brought into the studio. Water bottle only.

>Restrooms are available for use, one dancer permitted to occupy at a time.

>Hygiene practices for Instructors and Staff:

>Instructors are to follow all sanitation and all ME COVID-19 guidelines and policies in place while in the studio.

>Instructors will promote social distancing in hallways and studios.

DROP OFF / PICK UP GUIDELINES DURING COVID-19 RESTRICTIONS:

>Please park in the front lot and walk your student onto the sidewalk.

>Please arrive 10 minutes prior to start of dance class.

>All students should enter the building in a single file line, minding social distancing.

When you arrive to building, please respectfully wait for your turn to come into building after the person in front of you has cleared the entrance. Use social distancing guidelines between you and the person in front of you while waiting to enter the building. Parents, siblings, dancers should not congregate at the entryways of the studio to allow for a safe socially distanced entry and exit area.

There is a canopy grass area beside the studio that may also be used for waiting. Please be mindful of social distancing if you bring a beach chair or blanket to sit on.

Pick Up Guidelines:

>At dismissal of class, students will be escorted out of studio promoting social distancing while awaiting pick up. Please be on the sidewalk so the dancer does not have to cross the parking lot unaccompanied. Please keep social distancing.

>If inclement weather, students will wait in lobby or studio.

>If your dancer is not visible to you at dismissal; please call front desk, 207-657-3006 or call the dancer's cell phone if applicable.

HYGIENE PRACTICES AND CLASS ATTIRE FOR STUDENTS DURING COVID-19 RESTRICTIONS:

>Students who cannot follow the social distance guidelines in class will be asked to continue taking classes online through Zoom for the safety of all.

>Dancers who have a long break between classes may need to exit the building if waiting space is not available. If their next classroom has been sanitized and is open they may wait inside.

>When students enter and exit the facility they are required to sanitize hands. In order to do so they must be "hands free" , so all dance items, phone, water bottles, etc. must be in a bag. If you choose to remove your mask during class time (optional) you will also need to use your bag to store it.

POLICIES DURING COVID-19 RESTRICTIONS

>All in studio dancers must follow all policies in place per ME COVID-19 CDC guidelines.

>There will be no walk-ins or trial classes during present dance session. All dancers must be pre-registered and pre-paid for in-studio class time.

Please check our newsletters and website for any changes to our COVID-19 policies.