

HOLIDAY EDITION NEWSLETTER 2024 NOVEMBER AND DECEMBER







HOLIDAY GIFT GIVING!



SFLA SPIRITWEAR STORE (ORDER LINK ON OUR WEBSITE) ORDER BY 12/1 FOR XMAS STUDIO GIFT CERTIFICATES AVAILABLE @ THE STUDIO DURING OFFICE HOURS

LIMITED SUPPLY: CUSTOM DANCEMALLOWS AVAILABLE @ THE STUDIO DURING OFFICE HOURS

WINTER CALENDAR



Dec. 13, 2024 SFLA Nutcracker ~ Evening performance 6:30pm

Dec. 14, 2024 SFLA Nutcracker ~ Matinee Performance 1:00pm

Dec. 16-21, 2024 Wear PJ's or Festivewear to Dance

Dec. 23 - Jan. 4 Holiday Recess: No Classes

Jan. 6, 2025 Semester Plans: 2nd Semester Due (5% discount)

Jan.6, 2025 Recital Costume Fees Due

Jan. 6 - Feb.13, 2025: 6 Week Mini Sessions

Jan. 20, 2025 Martin Luther King Day "Open" All classes Held

Jan. 25, 2025 SFLA Comp Team show "Pulse Performs" 1pm

Feb. 17-22, 2025 Winter Recess ~ No classes held

April 21 -26, 2025 Spring Recess ~ No classes held

::::RECITAL PLANNING ::::



We are in the process of planning for our 33rd Recital and a complete Recital Handbook will be emailed in January with all of the details!

MARK YOUR CALENDARS NOW FOR RECITAL HAPPENINGS:

June 15, 2025 at the Westbrook Performing Arts Center.

2 shows are held: 9:30am and 1pm. Dancers appear in one show unless they are in multiple classes they could appear in both.

COSTUME MEASUREMENTS MUST BE SUBMITTED BY 12/27/24

Our faculty is now making their Recital costume selections. Please follow the instructions for measuring your dancer and submit your measurements using the Jot Form Link:

Bust/Chest

Waist

Hips

Inseam

https://form.jotform.com/243325664249158

We will be sending you photos of your class costume soon!

We are so excited to start planning our 33rd annual recital and we are looking forward to showcasing our student's hard work and progress. It's going to be amazing!

PRE-SCHOOL ACRO/TUMBLING 6 week Winter Mini Session



music, dance, tumbling, props, and lots of fun!



AGES 4+
Jan. 9 - Feb.13, 2025
Thursdays 9:00 - 9:45am
\$75 per 6 wk. Winter Session
Instructor: Pam Collins-Stahle
Register, Select Course "Mini Session"
www.studioforthelivingarts.com



WINTER 6 WEEK
"MINI SESSION"

AGES 2-4
THURSDAYS
Jan.9 - Feb. 13,2025
10:00-10:45 am
\$75 per 6 wk. Session





Pam Collins-Stable
Register: www.studioforthelivingarts.com
select course "minisess"

6 WEEK WINTER MINI SESSIONS - NOW ENROLLING

- This is a great way to sample classes without a long commitment or if you have a
- busy schedule. Our Morning Winter Mini Session Reg. is now open! Register
- online www.studioforthelivingarts.com and choose course "minisession".



Accepting enrollments for Semester 2! Classes begin January 6th

If you are a current student, you do not need to re-register for Semester 2 unless you wish to add additional classes.



STUDIO FOR THE LIVING ARTS DANCE COMPLEX SCHEDULE ACCEPTING ENROLLMENT IN CLASSES BEGINNING JANUARY2025! WEEKLY DANCE CLASS SCHEDULE MONDAY-WEDNESDAY PG.1

MONDAY STUDIO 1	MONDAY STUDIO 2	MONDAY STUDIO 3	TUESDAY STUDIO 1	TUESDAY STUDIO 2	TUESDAY STUDIO 3	WEDNESDAY STUDIO 1	WEDNESDAY STUDIO 2	WEDNESDAY STUDIO 3
		3:15-4:00pm Company Rehearsals Perdue 5 Contemporary 5 Contemporary 4 Abigail	4:00-4:30pm Company Rehearsals Jazz 4 Victoria	3:15-4:15pm* Ballet/Pointe Levels 5-6 Advanced Age 13+ Kate Non-recital	4:00-4:45pm MINI MOVERS Level 1 Age 3.5-5 Abigail		3:00-3:45pm* NEXT LEVEL Conditioning + Acro Tricks Level 5+6 Non-Recital Pam	
5:00-6:00pm Leaps, Turns, Flexibility Levels 4+5 Age 14+ Victoria	3:30-5:00pm Company Rehearsals LV6 Brea Perdue Scott Fowler Francisco Gella Courtney Ortiz Victoria	4:00-4:45pm Contemporary Level 4/5 Age 12+ Abigail	4:30-5:15pm Jazz Level 4 Age 12+ Victoria	4:15-4:45pm Company Rehearsals Ballet 3 Ballet 2 Kate	4:45-5:30pm Jazz/Hip-Hop Level 2 Age 6-8 Abigail	3:30-3:45pm Company Rehearsals Ballet/Pointe 5/6 Elizabeth	4:00-4:15pm Company Rehearsals Acro 2 Pam	4:00-4:15pm Company Rehearsals Tap 4 Kelly
6:00-6:15pm Company Rehearsals Perdue 4/5 Victoria	4:00-5:00pm Ballet 2 Age 7-9 Kate	4:45-5:00pm Micro Mini Company Rehearsals Jazz 1/2 Abigail	5:15-5:45pm Company Rehearsals Contemporary 6B Jenn	4:45-5:45pm Ballet + Pre-Pointe 3 Age 9+ Kate	5:30-5:45pm Company Rehearsals Hip Hop 1 Abigail	3:45-5:00pm Ballet/Pointe Level 5/6 Age 13+ Elizabeth	4:15-5:00pm Acro Level 2 Age 7+ Pam CLASS IS FULL	4:15-5:00pm Tap Level 4 Age 11+ Kelly
6:15-7:30pm* Ballet + Pointe, Pre-Pointe 4 Age 10+ Kate Non-Recital	5:00-6:15pm Ballet/Pointe Level 6 Adv Age 14+ Kate Pointe Recital	5:00-5:45pm Jazz Level 1/2 Age 6-8 Abigail	5:45-6:30pm* DanceLab Combos + Conditioning Inter-Inter.Adv Age 10+ Jenn Non-Recital	5:45-6:30pm Hip-Hop Level 6 Age 13+ Amanda CLASS IS FULL	5:45-6:30pm Contemporary Level 3 Age 9+ Abigail	5:00-6:15pm Ballet + Pre-Pointe Level 4 Age 10+ Elizabeth Ballet Recital	5:00-5:45pm Acro Level 3 Age 9+ Pam	5:00-5:45pm Hip-Hop Level 2 Age 7+ Amanda
7:30-7:45pm Company Rehearsals Ballet 4 Kate	6:15-7:15pm Leaps, Turns, Flexibility Level 6 Adv Age 14+ Victoria CLASS IS FULL	5:45-6:30pm Tap Level 2 Age 7+ Kelly	6:30-6:45pm Company Rehearsals Contemp 4/5 Jenn	6:30-6:45pm Company Rehearsals Hip Hop 6 Amanda	6:30-6:45pm Company Rehearsals Contemporary 3 Abigail	6:15-7:00pm Jazz Levels 5/6-6 Advanced Age 13+ Abigail	5:45-6:00pm Company Rehearsals Acro 3 Pam	5:45-6:45pm "CREW" BOYS ONLY Hip-Hop Age 8-12 Amanda
7:45-8:30pm Tap Level 5/6 Age 13+ Kelly		6:30-6:45pm Company Rehearsals Tap 2 Kelly		6:45-7:45pm Contemporary Level 6 Adv Age 15+ Jenn CLASS IS FULL	6:45-7:30pm Hip Hop Level 3 Age 10+ Amanda	7:00-7:15pm Company Rehearsals Jazz 5 Abigail	6:00-6:45pm Acro 3/4 Age 10+ Level 3/4 Pam	
8:30-9:00pm Company Rehearsals Tap Level 5 Tap Level 6		6:45-7:30pm Tap 3 Age 8-10 Kelly		7:45-8:15pm Company Rehearsals Contemporary Level 6A Jenn	7:30-7:45pm Company Rehearsals Hip-Hop 3 Amanda		6:45-7:00pm Company Rehearsals Acro 3/4 Pam	
		7:30-7:45pm Company Rehearsals Tap 3 Kelly					7:00-7:45pm Hip-Hop Level 4/5 Ages 12+ Amanda	
							7:45-8:00pm Company Rehearsals Hip-Hop 5 Amanda	

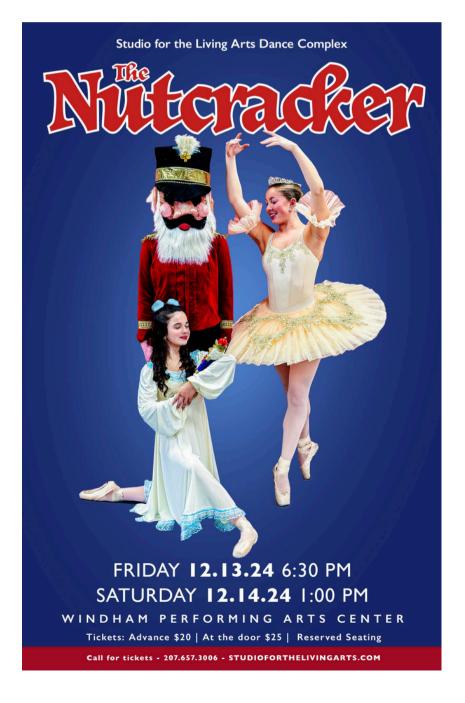


STUDIO FOR THE LIVING ARTS DANCE COMPLEX SCHEDULE 2025 WEEKLY DANCE CLASS SCHEDULE THURSDAY-SATURDAY PG. 2

THURSDAY STUDIO 1	THURSDAY STUDIO 2	THURSDAY STUDIO 3	FRIDAY STUDIO 1	FRIDAY STUDIO 2	FRIDAY STUDIO 3	SATURDAY STUDIO 1	SATURDAY STUDIO 2	SATURDAY STUDIO 3
9:00-9:45am Preschool Acro Tumbling Age 4+ 6wk mini sessions Jan.9-Feb.13 Mar.13-Apr.17 Pam			3:15-4:15pm* Ballet Levels 5-6 Advanced Grace Non-recital	3:45-4:15pm MINI MOVERS Pre-School Age 3-4 Abigail	4:00-4:15pm Company Rehearsals Lyrical 1/2 Michelle	8:45-9:30am Acro Level 1/2 Age 6+ Adelynn		9:00-9:30am MINI MOVERS Beginner Age 3+ Karen
10:00-10:45am "Move with Me" Parent/Child Ages 2-4 6wk mini sessions Jan.9-Feb.13 Mar.13-Apr.17 Pam	3:15-3:30pm Company Rehearsals Pointe 6 Adv Elizabeth		4:15-5:00pm Ballet Level 2 Age 7-9 Grace	4:15-5:15pm* DANCELAB Conditioning and Combos Age 12-18 InterAdv-Adv. Abigail Non-Recital	4:15-5:00pm Lyrical Level 1/2 Age 7+ Michelle	9:30-10:15am Acro Level 2/3 Age 8-10 Adelynn	9:30-10:15am Lyrical Level 1 Age 6-8 Mia	9:30-10:15am Tap + Ballet Combo Class Level 1 Age 5-7 Karen
3:30-4:15pm Acro/Tumbling Level 5 Age 11+ Pam	3:30-4:45pm Ballet/Pointe Level 6 Age 14+ Elizabeth Ballet Recital	4:00-4:45pm Leaps, Turns, Flexibility Level 3 Age 9+ Victoria	5:00-5:45pm Ballet Level 1/2 Age 6-8 Grace CLASS IS FULL	5:00-5:45pm Jazz Level 3 Age 9-11 Abigail	5:00-5:45pm Lyrical/Jazz Combo Class Level 2 Age 8-10 Michelle	10:15-11:00am Ballet Level 1 Age 5-7 Kaitlin	10:15-11:00am Lyrical Level 2/3 Age 9+ Mia	
4:15 4:30pm Company Rehearsals Acro 5 Pam	4:45-5:45pm Jazz Level 6 Adv Age 13+ Victoria	4:45-5:45pm Ballet +Pre-Pointe Level 3 Age 9+ Elizabeth	5:45-6:30pm Hip-Hop/Jazz Level 1/2 Age 6-8 Abigail		5:45-6:15pm Company Rehearsals Lyrical 2 Jazz 2 Michelle	11:00a-12:00pm Ballet Level 2/3 Age 8-11 Kaitlin		
4:30-5:15pm Acro Level 1 Age 5-7 Pam CLASS IS FULL	5:45-7:00pm Company Rehearsals Jazz 6A Jazz 5/6 Jazz 6B Victoria							
5:15-6:00pm Lyrical Level 1 Age 5-7 Michelle	7:00-7:15pm Company Rehearsals Contemporary 5/6 Victoria							
6:00-6:45pm Lyrical/Jazz Combo Class Level 3 Age 9+ Michelle								
6:45-7:15pm Company Rehearsals Jazz 3 Lyrical 3 Michelle								

Tickets for the SFLA annual performance of "The Nutcracker" are on sale at SFLA. Ticket Cost: \$20 (reserved seating). PERFORMANCE DETAILS: Produced by Elizabeth Avantaggio and Kate Robillard, this unique, full-length production includes a cast of 100 dancers and it is the perfect way to introduce young children to the beauty of classical ballet. Stunning choreography with vibrant costumes and set create a magical Holiday production. The cast performs to Tchaikovsky's timeless score by the New York City Ballet Orchestra. Two Performances will be held. Each show has a total run time of 1hr and 30mins including intermission.

Evening: Fri., Dec. 13th, 6:30pm and Matinee: Sat., Dec. 14th, 1:00pm.





WE WILL BE HOLDING SOME POP-UP CLASSES OVER THE HOLIDAY BREAK! LOOK FOR OUR DECEMBER UPDATES COMING SOON.

Happy Dancing!