

## Welcome

This season the Pulse Dance Company has over 180 solo, duo, trio and group numbers representing a full showcase that would entail an 8 hour performance! Today we will be highlighting our new season's primary group numbers, and we hope you can attend an upcoming competition to see their extra remaining solo, duo, trio, and small group works!

Our show "Pulse Performs 2025" showcase will include our group primary performances. Pulse will also offer lots of raffle and silent auction opportunities to win some great prizes including our annual Gift Basket Raffle valued at \$1300+! Visit the Lobby to enter!

Pulse Dance Company, formerly called "Full-FX", was founded 33 years ago with just 8 passionate and talented dancers. Today Pulse is one of the largest and longest-running youth/teen training programs and performance/competition dance companies in our region, and the company consists of 90+ dancers from over 20 different towns and cities. Today's performances feature new works ranging from tap, ballet, pointe, contemporary, lyrical, jazz, hip-hop, acro, and musical theater. Our varied and diverse repertoire is why we are often recognized on the competition circuit as a "Triple Threat" studio!

We are all extremely proud of the work and dedication of our dancers and we look forward to watching them grow as technicians and performers. Our Company members are hardworking, motivated dancers and it is such a pleasure to work with them. These dancers are not afraid to take risks and they really push themselves to new heights in their dance skills both in-house, and beyond the walls of our studio at conventions.

Access to the studio's top-notch faculty and exceptional training is the driving force behind the Pulse group's success. Professional, experienced, and energetic, all faculty members bring their own unique teaching style and passion for dance into the classroom. Pulse members also have the privilege of working with guest teachers through in-house master classes and guest choreography opportunities. One of the benefits of today's showcase is that the proceeds directly fund the Pulse Educational Account which provides "no cost" Master Classes along with other educational opportunities for our dancers.

We hope you enjoy our unique choreography and the passionate performances of our Pulse dancers for which they are known. Thank you so much for supporting this amazing group of artists.

#### **EMILIA PERRY**



**AUDREY TORREY** 



**SUSANNAH WILLIAMS** 



# Graduating Class

VICTORIA SPARKS



2025



HAILEY RICKETT



#### SENIOR PRESENTATIONS

Here at SFLA Dance Complex we recognize our graduating seniors at "Pulse Performs". Many our Pulse senior dancers train with us for 10-15 hours a week, not counting rehearsals, master classes, dance competitions, and community performances. Although they are often recipients of scholastic awards at school, their hectic dance schedule leaves very little time to become involved in extracurricular activities, so this is their "awards night". We will continue to treasure their time with us until their final performance at our 33rd Recital. Please join us in welcoming these amazing individuals.

#### **SFLA Graduating Class of 2025 Introductions**

Emilia Perry, Maine Connections Academy
Hailey Rickett, North Yarmouth Academy
Victoria Sparks, Falmouth HS
Audrey Torrey, Cape Elizabeth HS
Susannah Williams, Maine Connections Academy

#### 1. "MISSIONARY MAN" JAZZ 6A

Choreography: Victoria Perreault

Lainey Beaudin, Delaney Coyne, Briana Eberly, Mia Eilon, Abigail Fortier, Hannah Gilles, Kaya Godin, Ember Good, Mya Harper, Sophia Lestage, Ashlynne Libby, Olivia Nault, Emilia Perry, Zoie Phinney, Saylor Sasseville, Victoria Sparks, Allyson Tardiff, Bailey Ward

#### 2. "A REMINDER" CONTEMPORARY %

Choreography: Victoria Perreault Elodie Collins, Addison Davis, Harper Mayo-LePage, Tyler Seymour

#### 3. "PATH FOR AIR" CONTEMPORARY 6B

Choreography: Jenn Fink

Gianna Berthiaume, Lucy Collins, Charlotte Goff, Ashyn Good, Amelia Keith, Alexa Meek, Bailey Moody, Hailey Rickett, Audrey Torrey, Susannah Williams

#### 4. "COME TOGETHER" ACRO 3/4

Choreography: Pam Collins-Stahle Luna Blackburn, Ellihya Cook, Mya Davis, Emersyn Eidemiller, Milo Fantigrossi, Charlie Frohlich, Charlotte Gilroy, Charlie Martin, Clara Morey



#### 5. "SPACE JAM" JAZZ 1

Choreography: Abigail Wenczkowski

Cora Fairfield, Luciana Fantigrossi, Julia Gagnon, Isla Knox, Brinley Lussier, Sutton Matthews, Penelope Matthews, Sophia Pinto, Alison Rego, Elaine Rioux, Eva Rogers, Everly Sennett

6. **"EMOTIONS"** Choreography: Scott Fowler, Teacher: Victoria Perreault, Senior Dancer: Victoria Sparks

#### 7. "THE STREAM" CONTEMPORARY 4

Choreography: Abigail Wenczkowski

Ada Bell, Stella Bogner-Williams, Charlotte Frohlich, Adelyn Goodine, Devin Gurney, Teagan

Turcotte

#### 8. "SYMPHONY" TAP 6

Choreography: Kelly Fantigrossi

Dyllan Arnold, Lainey Beaudin, Briana Eberly, Amelia Keith, Sophia Lestage, Ashlynne Libby, Harper Mayo LePage, Sophie McCarthy, Zoie Phinney, Aiden Plummer, Hailey Rickett

#### 9. "THE DOLLS" BALLET 2

Choreography: Katrina Smedal

Lilyanna Casey, Sophia Davis, Callaway Fortney, Juliette Lavway, Elaina Perreault, Alexandra

Robillard, Olivia Tryder Baik

#### 10. "THE CONFERENCE RAG" JAZZ 3

Choreography: Michelle Perry & Lily Perry

Emilia Billings, Luna Blackburn, Nataly Brissette, Roseline Brookes, Jordan Denny, Emersyn Eidemiller, Milo Fantigrossi, Charlotte Gilroy, Charlie Martin, Clara Morey, Aliza Webb, Iris Webb

#### 11. "PAQUITA" BALLET 4

Choreography: Katrina Smedal

Ada Bell, Stella Bogner Williams, Addison Davis, Charlotte Frohlich, Adelyn Goodine, Tyler

Seymour, Teagan Turcotte, Jade Webb

#### 12. "HEY DIDDLE DIDDLE" HIP-HOP 1

Choreography: Abigail Wenczkowski

Virginia Fahey, Penelope Matthews, Sutton Matthews, Sophie Nunley

13. "CHIHIRO" Choreography: Victoria Perreault, Senior Dancer: Audrey Torrey

#### 14. "SONNET D'AMOUR" POINTE 6

Choreography: Elizabeth Avantaggio

Lainey Beaudin, Briana Eberly, Mia Elion, Abigail Fortier, Hannah Gilles, Ember Good, Sophia Lestage, Emilia Perry, Zoie Phinney, Saylor Sasseville, Victoria Sparks, Allyson Tardiff



#### 15. "BATTLEFIELD" LYRICAL 3

Choreography: Michelle Perry & Lily Perry

Emilia Billings, Luna Blackburn, Nataly Brissette, Roseline Brookes, Jordan Denny, Emersyn

Eidemiller, Charlotte Gilroy, Charlie Martin, Clara Morey, Aliza Webb

#### 16. "THE WAITER'S GALLOP" TAP 5

Choreography: Jason Bernard Teacher: Kelly Fantigrossi

Addison Davis, Harper Mayo-LePage, Tyler Seymour, Jade Webb

#### 17. "DARLING" LYRICAL 6B

Choreography: Brea Purdue Teacher: Victoria Perreault

Gianna Berthiaume, Charlotte Goff, Ashyn Good, Amelia Keith, Bailey Moody, Hailey Rickett,

Audrey Torrey, Susannah Williams

#### 18. "TEMPTATION" JAZZ 5

Choreography: Abigail Wenczkowski

Dyllan Arnold, Ellihya Cook, Olivia Gallagher, Lilly Jones, Eden Williams, Charlotte Wilson

#### 19. "WORMHOLE" CONTEMPORARY 6A

Choreography: Jenn Fink

Lainey Beaudin, Briana Eberly, Mia Eilon, Delaney Coyne, Abigail Fortier, Hannah Gilles, Kaya Godin, Ember Good, Mya Harper, Sophia Lestage, Ashlynne Libby, Olivia Nault, Emilia Perry, Zoie Phinney, Saylor Sasseville, Victoria Sparks, Allyson Tardiff, Bailey Ward

#### 20. "BOSSY" HIP HOP 3

Choreography: Amanda Preble

Henry Adams, Sophia Davis, Charlotte Gilroy, Charlie Martin, Elaina Perreault

#### 21. "MAN IN FINANCE" JAZZ 4

Choreography: Victoria Perreault

Ada Bell, Stella Bogner-Williams, Charlotte Frohlich, Adelyn Goodine, Devin Gurney, Teagan

Turcotte, Jade Webb

#### 22. "TROUBLE" ACRO 5

Choreography: Drew Burgess Teacher: Pam Collins-Stahle

Elodie Collins, Ashyn Good, Charlotte Goff, Harper Mayo-LePage, Sophie McCarthy, Tyler Seymour

23. "THE TENOR'S RAINBOW" Choreography: Kelly Fantigrossi, Senior Dancer: Hailey Rickett



#### 24. "HARD KNOCK LIFE" ACRO 2

Choreography: Pam Collins-Stahle

Nataly Brissette, Lilyanna Casey, Virginia Fahey, Callaway Fortney, Luciana Fantigrossi, Julia

Gagnon, Adelia Hamann, Penelope Matthews, Sophie Nunley, Sophia Pinto, McKenna

Schinzel, Everly Sennett

#### 25. "WINDOW CLEANING" TAP 3

Choreography: Kelly Fantigrossi

Sophia Davis, Jordan Denny, Charlotte Gilroy, Juliette Lavway, Elaina Perreault

#### 26. "A-TOWN STOMP" HIP HOP 4/5

Choreography: Amanda Preble

Ellihya Cook, Adelyn Goodine, Lilly Jones, Tyler Seymour, Eden Williams

#### 27. "THE WEATHER GIRLS" JAZZ 6

Choreography: Scott Fowler Teacher: Victoria Perreault

Lainey Beaudin, Gianna Berthiaume, Delaney Coyne, Briana Eberly, Mia Eilon, Abigail Fortier, Kaya Godin, Mya Harper, Amelia Keith, Sophia Lestage, Ashlynne Libby, Olivia Nault, Emilia Perry, Zoie Phinney, Saylor Sasseville, Victoria Sparks, Allyson Tardiff, Audrey Torrey, Bailey

Ward

#### Intermission

#### 28. "SCHMIGADOON" MUSICAL THEATER PRODUCTION

Choreography: Pam Collins-Stahle & Kelly Fantigrossi

Henry Adams, Ellihya Cook, Addison Davis, Sophia Davis, Milo Fantigrossi, Charlotte

Frohlich, Charlotte Gilroy, Clara Morey, Tyler Seymour, Olivia Tryder Baik, Teagan Turcotte,

Jade Webb, Eden Williams

#### 29. "MEETINGS ALONG THE EDGE" CONTEMPORARY 6

Choreography: Francisco Gella Teacher: Victoria Perreault

Lainey Beaudin, Briana Eberly, Mia Eilon, Abigail Fortier, Ember Good, Sophia Lestage, Olivia

Nault, Emilia Perry, Zoie Phinney, Saylor Sasseville, Victoria Sparks, Bailey Ward

#### 30. "FAUST" POINTE %

Choreography: Elizabeth Avantaggio

Ashyn Good, Charlotte Goff, Harper Mayo-LePage, Alexa Meek, Rory Wilson

#### 31. "TAXI" TAP 4

Choreography: Kelly Fantigrossi

Isabella Chute, Adelyn Goodine, Milo Fantigrossi, Iris Webb, Aliza Webb



#### 32. "MOTHER'S PRAYER" LYRICAL 1/2

Choreography: Michelle Perry & Lily Perry Luciana Fantigrossi, Julia Gagnon, Isla Knox, Brinley Lussier, Sutton Matthews, Sophie Nunley, Sophia Pinto, Everly Sennett

#### 33. "GLAM" JAZZ 2

Choreography: Michelle Perry & Lily Perry Lilyanna Casey, Sophia Davis, Callaway Fortney, Adelia Hamann, Juliette Lavway, Elaina Perreault, Wynn Robillard, McKenna Schinzel, Olivia Tryder Baik, Isla Turcotte

**34. "A WORLD TO BELIEVE IN"** Choreography: Abigail Wenczkowski, Senior Dancer: Susannah Williams

#### 35. "VOGUE" JAZZ PRODUCTION

Choreography: Jenn Fink

Lainey Beaudin, Gianna Berthiaume, Stella Bogner Williams, Delaney Coyne, Briana Eberly, Mia Eilon, Charlotte Frohlich, Abigail Fortier, Ember Good, Charlotte Goff, Adelyn Goodine, Mya Harper, Sophia Lestage, Ashlynne Libby, Bailey Moody, Olivia Nault, Emilia Perry, Zoie Phinney, Saylor Sasseville, Tyler Seymour, Victoria Sparks, Teagan Turcotte, Bailey Ward

#### **36. "DREAM STATE" CONTEMPORARY 5**

Choreography: Abigail Wenczkowski Ellihya Cook, Olivia Gallagher, Lilly Jones, Lila Martin, Aliza Rickett, Eden Williams, Charlotte Wilson, Rory Wilson

#### 37. "WERK OUT" ACRO 3

Choreography: Pam Collins-Stahle Emilia Billings, Sophia Davis, Jordan Denny, Juliette Lavway, Elaina Perreault, Wynn Robillard, Olivia Tryder Baik, Isla Turcotte

#### 38. "OH WHAT A BEAUTIFUL MORNING" TAP 2

Choreography: Kelly Fantigrossi Lilyanna Casey, Cora Fairfield, Luciana Fantigrossi, Julia Gagnon, Sutton Matthews, Sophie Nunley, Sophia Pinto, Mckenna Schinzel, Everly Sennett

#### 39. "ROCK IT" JAZZ %

Choreography: Victoria Perreault Elodie Collins, Addison Davis, Harper Mayo-LePage, Tyler Seymour



#### 40. "WHATEVER" HIP HOP 6

Choreography: Amanda Preble

Dyllan Arnold, Gianna Berthiaume, Delaney Coyne, Briana Eberly, Mia Eilon, Abigail Fortier, Mya Harper, Amelia Keith, Sophia Lestage, Ashlynne Libby, Olivia Nault, Zoie Phinney, Aiden Plummer, Saylor Sasseville, Victoria Sparks, Audrey Torrey, Bailey Ward

#### 41. "SEVENTY- SIX TROMBONES" BALLET 3

Choreography: Katrina Smedal

Luna Blackburn, Roseline Brookes, Milo Fantigrossi, Charlotte Gilroy, Clara Morey, Aliza Webb

#### 42. "WHEN YOU BELIEVE" LYRICAL 2

Choreography: Michelle Perry & Lily Perry

Lilyanna Casey, Sophia Davis, Callaway Fortney, Adelia Hamann, Juliette Lavway, Elaina Perrault, Wynn Robillard, McKenna Schinzel, Olivia Tryder Baik, Isla Turcuotte

#### 43. "I WILL WAIT" LYRICAL 5

Choreography: Brea Perdue Teacher: Abigail Wenczkowski Ellihya Cook, Lilly Jones, Lila Martin, Charlotte Wilson

44. "AM I" Choreography: Michelle Perry, Senior Dancer: Emilia Perry

#### 45. "I DIDN'T KNOW MY OWN STRENGTH" LYRICAL 4/5

Choreography: Brea Perdue Teacher: Victoria Perreault Ada Bell, Stella Bogner Williams, Charlotte Frohlich, Adelyn Goodine, Devin Gurney, Harper Mayo Lepage, Tyler Seymour, Teagan Turcotte

#### SILENT RAFFLE DRAWINGS AND GIFT CARD RAFFLE DRAWINGS

#### 46. "WE'RE THROUGH" JAZZ 6B

Choreography: Victoria Perreault

Gianna Berthiaume, Lucy Collins, Charlotte Goff, Ashyn Good, Amelia Keith, Alexa Meek, Bailey Moody, Aliza Rickett, Hailey Rickett, Audrey Torrey, Susannah Williams

#### 47. "THE IMPOSSIBLE DREAM" CONTEMPORARY 3

Choreography: Abigail Wenczkowski

Emilia Billings, Luna Blackburn, Sophia Davis, Emersyn Eidemiller, Milo Fantigrossi, Elaina Perreault, Charlotte Gilroy, Olivia Tryder Baik, Isla Turcotte

#### 48. "ME" LYRICAL 6A

Choreography: Brea Purdue Teacher: Victoria Perreault

Lainey Beaudin, Delaney Coyne, Briana Eberly, Mia Eilon, Abigail Fortier, Kaya Godin, Mya Harper, Sophia Lestage, Ashlynne Libby, Olivia Nault, Emilia Perry, Zoie Phinney, Saylor Sasseville, Victoria Sparks, Bailey Ward





PULSE DANCE COMPANY DIRECTOR: Susan Cloutier

#### STUDIO FOR THE LIVING ARTS FACULTY 2024-2025:

Elizabeth Avantaggio, Susan Cloutier, Kelly Fantigrossi, Jenn Fink, Karen Gilles, Grace Koury, Mia Millett, Michelle Melvin-Perry, Victoria Perreault, Amanda Preble, Kaitlyn Russell, Adelynn Splane, Katrina Smedal, Pam Collins-Stahle, Abigail Wenczkowski

**GUEST CHOREOGRAPHERS 2024-2025 Repertoire:** Jason Bernard, Drew Burgess, Veronica Druchniak, Francisco Gella, Aiden Fortier, Scott Fowler, Courtney Ortiz, Aleksandr Ostanin, Brea Perdue, Annabel Phinney, Abigail Phinney, Victor Smalley

PULSE DANCE COMPANY COMPETITION COORDINATOR: Kathleen Taylor

#### STUDIO FOR THE LIVING ARTS STAFF SUPPORT:

Patty Lestage, Lauren Perreault, Tara Sasseville

\*CJ PAYNE: Auditorium Coordinator/Technical Director at Windham Performing Arts Center. CJ wears many hats here at the theater, but he is never too busy to spend time making sure every production here runs well. We've worked together many times over the years and his expertise and patience always makes for a great performance experience. Add in our experienced STAGE MANAGER: STEFANIE ROBINSON, and we have the best team for a smooth successful show!

**\*FACULTY** We have the very best faculty of professional, diverse, and creative dance educators. Thank you for guiding and instructing our Pulse members on their road to developing proper dance technique, gaining a passion for the arts, and increasing their own sense of pride, confidence, and self-esteem.

#### \*STUDIO FOR THE LIVING ARTS ASSISTANT TEACHERS:

Dyllan Arnold, Lainey Beaudin, Elodie Collins, Addison Davis, Charlotte Frohlich, Charlotte Goff, Sunny Heath, Amelia Keith, Sophia Lestage, Ashlynne Libby, Charlie Martin, Harper Mayo-Lepage, Sophie McCarthy, Lily Perry, Teagan Turcotte, Eden Williams

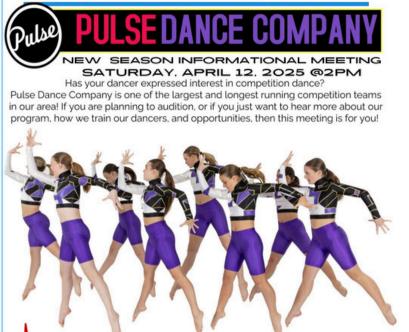
\*PARENTS Thank you for your continued support of your child's dance education here at SLA Dance Complex. We are blessed with the very best group of caring, encouraging, and helpful dance parents. You all play a huge role in the success of today's showcase and the longevity of Pulse Dance Company.

\*My husband, Michael. Truly the cement that holds me (and the studio) together!

### CONCESSIONS

# CONCESSIONS ARE AVAILABLE ALL DAY! ALL ITEMS ARE \$1.00 VISIT US IN THE LOBBY

BOTTLED WATER
COFFEE
BAKERY ITEMS:
CHOCOLATE CHIP COOKIES
SPRINKLE SUGAR COOKIES
CUPCAKES
PIRATE BOOTY
VEGGIE STRAWS
CANDIES



Pre-Professional Dance Training

studioforthelivingarts@yahoo.com

STUDIO FOR THE LIVING ARTS DANCE COMPLEX



Thank you for supporting Pulse Dance Company







## PULSE DANCE CO.



WIN Over \$1000 in Gift Cards !!!

1st Prize \$1000+ value





Drawing Held: January 25, 2025
"PULSE PERFORMS 2pm
SHOWCASE"
WINDHAM PERFORMING ARTS CTR
Winner does not need to be
present to win.
#SEASON33

Take a chance! Raffles are available from all Pulse Dance Team members, at the dance studio, or at the show!

# DANCE COMPANY Chance HELD AT PULSE PERFORMS JANUARY 25

AT PULSE PERFORMS JANUARY25

1 RAFFLE \$1 or 10 RAFFLES \$5

Choose which prizes you would like to win by distributing your raffle ticket stub into one of these pots:



#### ITEMS FOR CHANCE

PET POITRAIT - SIMON ADAMS
JUMBO CORGI SQUISHMALLO
LULULEMON \$100
WEIGHTED PEGASUS SUISHMALLO
EVERYTHING BARBIE!
SUNDAY FOOTBALL:
(BISSELL\$50 +HANNAFORD CARD \$100)
SFLA OVERSIZED CREW

Check out our table IN THE LOBBY at the showCASE!

Thank you for coming to
Pulse Performs!
Today's performance is just
a sneak peek of our full
2024-25 Repertoire that
consists of 185 numbers!
We hope you can join us
at one of our full team
events to see the complete
works of Pulse Dance Co.,
including solos, duos, trios, and
small-lg specialty numbers.
We are so proud of
our dancers!



**DECEMBER 6-8, 2024** 

REVEL CONVENTION + COMPETITION @HOLIDAY INN BY THE BAY: ALL PULSE PLUS NUMBERS

DECEMBER 13+14, 2024 "THE NUTCRACKER" PERFORMANCES @ WINDHAM PAC

DECEMBER 19, 2024 "PULSE LAUNCH PARTY" WITH BIG/LITTLE REVEALS @SFLA DANCE COMPLEX

JANUARY 25, 2025

"PULSE PERFORMS" @WINDHAM PAC: ALL PRIMARY GROUP NUMBERS AND CLASS OF 2025 SR SOLOS

JANUARY 31-FEBRUARY 2, 2025

LA DANCE MAGIC CONVENTION + COMPETITION@ WESTIN COPLEY, BOSTON : PULSE PLUS NUMBERS

FEBRUARY 7-9, 2025

24/SEVEN CONVENTION + COMPETITION@MANCHESTER NH: OPTIONAL FOR ALL MEMBERS

FEBRUARY 28-MARCH 2 . 2025

REVEL CONVENTION + COMPETITION @DANVERS, MA: OPTIONAL FOR ALL MEMBERS

MARCH 7-9, 2025

GROOVE COMPETITION @WESTBROOK PAC: FULL TEAM/ALL NUMBERS

MARCH 14-16, 2025

ADA AMERICAN DANCE AWARDS COMPETITION@TEWKSBURY, MA: FULL TEAM/ALL NUMBERS

APRIL 4, 2025 - APRIL 6, 2025

TURN IT UP, WESTBROOK PAC: FULL TEAM/ALL NUMBERS

APRIL 12, 2025 NEW SEASON PULSE INFORMATIONAL MEETING @SFLA DANCE COMPLEX

MAY 2-4, 2025 IAM DANCE COMPETITION: @WESTBROOK PAC

MAY 4+8, 2025 TENTATIVE DATE FOR PULSE AUDITIONS 2025-26 @SFLA DANCE COMPLEX

# CLICK ON THE LINK TO VIEW OUR COMPLETE 2024-2025 REPERTOIRE

